

JANUARY 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6 Italian Turkey Sausage Breakfast Square ●●●●●●●● Popcorn Chicken with Cheez-it Crackers OR Sunbutter Sandwich, Upstate Yogurt, Goldfish Crackers	7 Pancake with Pork Sausage ●●●●●●●● Sweet & Sour Chicken, Hawaiian Brown Rice OR Sunbutter Sandwich, String Cheese, Cheez-it Crackers	8 Chicken Crispito & Salsa ●●●●●●●● Carved Turkey, Mashed Potatoes, Chicken Gravy, Dinner Roll OR Sunbutter Sandwich, Upstate Yogurt, Goldfish Crackers	9 Yogurt with Strawberry Granola ●●●●●●●● Mozzarella Cheese Bites, Marinara Sauce OR Sunbutter Sandwich, String Cheese, Cheez-it Crackers	10 Pork Eggstravaganza with Chicken Sausage ●●●●●●●● 100% Beef Hot Dog on a Bun with Tater Tots OR Sunbutter Sandwich, Upstate Yogurt, Goldfish Crackers
13 Chicken Sausage Breakfast Sliders ●●●●●●●● Tyson Chicken Tenders, Mini Flame Roasted Potatoes OR Sunbutter Sandwich, Upstate Yogurt, Goldfish Crackers	14 Turkey Sausage Breakfast Pizza ●●●●●●●● Teriyaki Chicken, Hawaiian Brown Rice OR Sunbutter Sandwich, String Cheese, Cheez-it Crackers	15 Chicken Crispito & Salsa ●●●●●●●● Crunchy Beef Taco, Refried Beans and Tortilla Chips OR Sunbutter Sandwich, Upstate Yogurt, Goldfish Crackers	16 Pork Eggstravaganza with Turkey Bacon ●●●●●●●● Pork & Beef Pepperoni OR Cheese Pizza OR Sunbutter Sandwich, String Cheese, Cheez-it Crackers	17 Egg & Cheese Croissant ●●●●●●●● Penne Pasta, with/without Beef Meatballs, Dinner Roll OR Sunbutter Sandwich, Upstate Yogurt, Goldfish Crackers

ALL MEALS INCLUDE

Unlimited Produce Bar full of fresh, locally-sourced fruits and vegetables; Low-fat or non-fat milk or Lactaid

BREAKFAST OPTIONS

Listed Entree or General Mills Whole-Grain Cereal with side (when available), Graham Crackers, a variety of Fresh & Canned Fruit.

On salad bars look for

Kiwiifruit

CENTRAL KITCHEN

thecentralkitchen.org

from Sierra Produce in Gridley, CA

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
20 Holiday	21 Pancake with Pork Sausage Sweet & Sour Chicken, Hawaiian Brown Rice OR Sunbutter Sandwich, String Cheese, Cheez-it Crackers	22 Chicken Crispito & Salsa Carved Turkey, Mashed Potatoes, Chicken Gravy, Dinner Roll OR Sunbutter Sandwich, Upstate Yogurt, Goldfish Crackers	23 Yogurt with Strawberry Granola Mozzarella Cheese Bites, Marinara Sauce OR Sunbutter Sandwich, String Cheese, Cheez-it Crackers	24 Pork Eggstravaganza with Chicken Sausage 100% Beef Hot Dog on a Bun with Tater Tots OR Sunbutter Sandwich, Upstate Yogurt, Goldfish Crackers
27 Chicken Sausage Breakfast Sliders Tyson Chicken Tenders, Mini Flame Roasted Potatoes OR Sunbutter Sandwich, Upstate Yogurt, Goldfish Crackers	28 Turkey Sausage Breakfast Pizza Teriyaki Chicken, Hawaiian Brown Rice OR Sunbutter Sandwich, String Cheese, Cheez-it Crackers	29 Chicken Crispito & Salsa Crunchy Beef Taco, Refried Beans and Tortilla Chips OR Sunbutter Sandwich, Upstate Yogurt, Goldfish Crackers	30 Pork Eggstravaganza with Turkey Bacon Pork & Beef Pepperoni OR Cheese Pizza OR Sunbutter Sandwich, String Cheese, Cheez-it Crackers	31 Egg & Cheese Croissant Penne Pasta, with/without Beef Meatballs, Dinner Roll OR Sunbutter Sandwich, Upstate Yogurt, Goldfish Crackers

Kiwifruit
 Kiwifruit is rich in vitamin C, having ten times more than the equal weight of a lemon. Two kiwis have almost twice the vitamin C of an orange and more potassium than a comparable serving of bananas. High in fiber, it also offers vitamin A, vitamin E, calcium and iron. Credit goes to all those little black seeds, as they act much like grains, providing lots of nutrition.



We have 3-hour and 6-hour positions available; full benefits offered with 6-hour positions. Interested in applying? Call 916-395-5600 ext. 460024.

UPCOMING
JOB FAIR
 FOR 3-HOUR POSITIONS!
 January 14, 2020
 9:00am-3:00pm
 Call 916-395-5600 to schedule an interview!



ArtLab Jr.

January 2020

Arty Animals

All classes will be held Tuesday in the art room #27

Tuesday Jan 7, 14, 21, 28

(grades 1-3)

2:15-3:15

Please join this series of 4 adventure filled, hands on workshops. We will explore materials and techniques while creating unique Arty Animals and skill building

Sign up today and join the colorful fun!

Session: \$45.00-Tuesday Jan 7, 14, 21 and 28

See photos from our classes and the latest news on our Facebook page – follow the *After School Programs* link on Phoebe Hearst's website! We welcome your comments and questions. Contact info: Janehastings@comcast.net

Cut and return to the front office by Monday Jan 6

Student's name (printed)

Student's Teacher / Grade

Parent/Guardian's Name (printed)

Parent/Guardian's Phone (during class time)

Parent's email address (for class contact only)

This registration is for the following session:

ArtLab Jr. (grade 1-3) **Arty Animals \$45.00** Make checks payable to: **Jane Hastings**

There are a limited number of scholarships available for families that might need some assistance please contact Jane Hastings for details all information is confidential

I give my consent for my child to attend Art Lab/Art Lab Jr. on the above dates. Participation in Art Lab/Art Lab Jr. will involve children using art supplies and tools in a busy studio setting. It is understood and expressly agreed to by the Parent/Guardian that by registering, making payment and/or participating in the Art Lab/Art Lab Jr. program, the Parent/Guardian releases, indemnifies, and holds harmless Art Lab/Art Lab jr. educators from any liability of any kind for damages and/or injuries incurred in connection with the students at Art Lab/Art Lab Jr. *Minimum \$20 service fee for returned checks.*

Parent/Guardian signature

Date

Please list any special health concerns we should be aware of below:



Dance 10 To You is an enrichment program bringing dance education to your school and where the learning continues through movement.

This one-hour class is taught after school for a six-week session. Highlights of the program include learning self-confidence, team work, creativity, music and movement appreciation and collaboration in a nurturing and encouraging environment. With the use of age appropriate music and the exploration of different dance styles, proper warm up and dance history, the class is fun and dynamic and gets kids moving. The final day of the session will include a showcase for Family and Friends.

Your instructor is Terri Taylor, Owner of Dance 10 Dance Center. With more than 30 years experience as a professional dancer, choreographer, teacher and studio owner, Terri is excited to bring the art of dance to your school. "I've worked with so many students through the years, many who have gone on to dance professionally while others simply have found their confidence or individuality through recreational dance. All of my students share a common thread - exploring the arts and finding their joy along the way."

The Fee for each 6-week session is \$60 per student.

Make checks payable to Dance 10.

Grade K-Mondays 12:45-1:45 ----- Grades 1-6 Mondays 2:30-3:30

Jan. 6, 13, 27, Feb. 3, 24, Mar 2 (No school Jan. 20, Feb. 10 & 17)

Dance 10

Name _____

Parent Name _____

Phone _____

Teacher _____ Grade _____



Home Run Reader Monthly Reader Log

Student Name: _____ Grade : _____

Teacher: _____

January 2020

- ✓ Log your minutes read per day on the calendar below and **total your minutes read for the month** and log in space provided.
- ✓ You **MUST** turn in this log to your teacher (due 1st Mon. of February 2-3-20) to receive credit towards your total program goal.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Summary of total reading goals for October 1, 2019– March 31, 2020 (keep track at home, too):

	Single	Double	Triple	Home Run
Kindergarten	1,800 minutes (~300/mo)	2,400 minutes (~400/mo)	3,000 minutes (~500/mo)	3,600 minutes (~600/mo)
1 st Grade	2,400 minutes (~400/mo)	3,000 minutes (~500/mo)	3,600 minutes (~600/mo)	4,200 minutes (~700/mo)
2 nd Grade	3,000 minutes (~500/mo)	3,600 minutes (~600/mo)	4,200 minutes (~700/mo)	4,800 minutes (~800/mo)
3 rd Grade	3,600 minutes (~600/mo)	4,200 minutes (~700/mo)	4,800 minutes (~800/mo)	5,400 minutes (~900/mo)
4 th Grade	4,200 minutes (~700/mo)	4,800 minutes (~800/mo)	5,400 minutes (~900/mo)	6,000 minutes (~1000/mo)
5 th Grade	4,800 minutes (~800/mo)	5,400 minutes (~900/mo)	6,000 minutes (~1000/mo)	6,600 minutes (~1100/mo)
6 th Grade	5,400 minutes (~900/mo)	6,000 minutes (~1000/mo)	6,600 minutes (~1100/mo)	7,200 minutes (~1200/mo)

Total minutes read in January, 2020: _____

***March 31st will mark the end of logging minutes for the Home Run Reader Program. Following submission of the final logs due Friday, April 3rd by 2:17pm (4-3-20), order forms/link for the game tickets will sent home during the week of April 20th. The game will be on Friday, May 1st at Raley Field!**

***If you think you will have reached the Triple level by the end of March, circle your shirt size:**

Youth XS Youth S Youth M Youth L Youth XL Adult S Adult M Adult L Adult XL

Kindergarten Art!

An afterschool program full of arts, crafts, games, and more!



Wednesdays from 12:40-1:45pm

Class sessions will be 6 weeks long

Session One Dates: 1/29, 2/5, 2/12, 2/19, 2/26 & 3/4

Please make \$70 checks payable to Amber Hartley-Rouse.

(Cash is also accepted)

Email questions to amberhartley@rocketmail.com

*class is limited to 22 students

Student Name: _____

Parent Name: _____

Phone: _____

E-mail: _____

Teacher: _____

Does your child have any food allergies? If so, what?



LEGO CLUB

(Spring 2020 Sessions)



Open to 1st - 3rd graders

Session #1 - \$80 for 8 weeks (\$10 per week) OR

Sessions #1 & #2 - \$160 for 16 weeks (\$10 per week)

Session #1 dates are: Jan. 30, Feb. 6, 13, 20, 27, Mar 5, 12, 26

Session #2 dates are: Apr. 2, 16, 23, 30, May 7, 14, 21, 28

Building the creative leaders of tomorrow, one brick at a time!!!

PROJECT THEMES INCLUDE			
Speed Drills	Blind Drills	Individual Competitions	Team Competitions
Art	Automobiles	Space	City
Adventure	Construction	Robotics	and more...
SKILLS FOCUS			
Critical Thinking	Leadership	Public Speaking	Problem Solving
Project Planning	Self-Confidence	Team Building	Helping Others
Communication	Respect (self/others)	Kindness	and more...



PAYMENT VIA VENMO

VENMO @BlackbartMB for \$80 OR \$160

Please put your child's name and primary phone & email in the comments section.

Cash & checks will also be accepted - \$80 OR \$160



All participants will participate in clean up at the end of Club.

This bottom section MUST be turned in, completely filled out, to Lego Club/school office before the first day of Lego Club!

Phone #	Student's Name
Email	Parent's Name
<i>Email will be used to send parents of registered students and the Principal pictures of our builds.</i>	
Teacher/Grade	Parent's Signature

For quality purposes, Lego Club limit is 25 participants, so sign up NOW!!!

2019—2020

Yearbook Sale



Attention, Dragons!
Yearbook price is \$25.

Please make checks and money orders payable to **PHOEBE HEARST.**

Parents— Please return the order form below to the front office, and keep the top half for your records.

PAID Cash Check Check number: _____

**Return order form & payment to the front office.
Please make checks and money orders payable to Phoebe Hearst**

2019—2020 Phoebe Hearst Yearbook Order Form

Student: _____

Teacher: _____ Grade: _____

Number of yearbooks: _____ Dollar amount enclosed: _____

Parent: _____ Phone: _____

PAID Cash Check Check number: _____